

RIDGE MEDICAL ASSOCIATES, LLC
2209 North Blvd, Suite A, Davenport, FL 33837

UPPER ENDOSCOPY (EGD) PREPARATION INSTRUCTIONS

There will be a \$50 charge for procedures cancelled with less than 24 hour notice and for no-shows

Your stomach must be empty for this procedure.

A. MEDICATIONS:

1. If you are on Blood Thinning medication(s), they will need to be stopped prior to the procedure:
Coumadin (warfarin), Plavix (clopidogrel), or Ticlid (ticlopidine): stop taking medication 5 days before the procedure.
Pradaxa, Xarelto, Eliquis: Stop taking medication 3 days before procedure
Aspirin: Stop taking medication 7 days before procedure
2. If you take antacids, Carafate, Sulfcara fate, or any other stomach coating products, do not take them 24 hours before the procedure.
3. **DO NOT TAKE YOUR MORNING MEDICATIONS EXCEPT BLOOD PRESSURE MEDICATIONS. DO TAKE YOUR BLOOD PRESSURE MEDICATIONS ON THE MORNING OF THE PROCEDURE.** Instead, bring them with you to take after the procedure is done.
4. If you have Diabetes, you may need some of your morning medications. Please call and discuss this with your physician.
5. If your procedure is not scheduled until after 1:00 pm, some medications may be permitted. **DO NOT TAKE ANYTHING WITHOUT THE DOCTORS PERMISSION.**

B. MEALS:

1. If your procedure is scheduled for the morning, **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT**
2. If your procedure is scheduled after 1:00 pm, you may have a light breakfast of clear liquids. **DO NOT EAT OR DRINK ANYTHING AFTER 8:00 am**
3. You will be medicated for your comfort during the procedure. **BRING SOMEONE WHO CAN DRIVE YOU HOME.** Do not drive or undertake potentially dangerous tasks for the remainder of the day.
4. Do not wear nail polish, lotions, powders or perfumes.
5. Report any allergies.
6. You may eat and resume medications when the procedure is done.

Please call our office with any questions about your procedure, at
(863) 679-8000
(After 5 pm, call (863) 676-1433 and ask for Dr. Nihalani)